



Walk a Mile with a Child

Join us on Saturday, July 31st as we kick-off the National Medical Association's 2010 Annual Meeting with our third annual Walk a Mile with a Child. Help us celebrate the positive benefits of good health and physical activity. Teams of ten or more walkers are eligible for a team trophy. Include your team name on your registration form.

Walk Information

Date: Saturday, July 31, 2010
Location: Grace Bible Church of Central Florida, 801 Dorscher Road, Orlando, Florida
Race Format: 1 Mile Walk
Times: 6:30 am - Registration/Check In
7:00 am - Warm Up Exercises
7:30 am - Walk Starts
8:30 am-12:00 noon - Health Festival (screenings, demonstrations, lectures, exhibits and more)
Cost: FREE
Rain Plans: Activities at Grace Bible Church of Central Florida

Your Information

First Name	Middle Initial	Last Name
Address		
City	State	ZIP
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Age (on 7/31/10)	Date of Birth
Phone	E-mail	
Team Name		

Questions or Concerns?

Please fax in your Registration Form.
Phone: Yolanda Fleming at 800-NMA-0554, ext. 261
Website: www.NMAnet.org Email: YFleming@NMAnet.org

Waiver of Liability

In consideration of this entry in the Walk a Mile with a Child Event, I waive any and all claims for myself and my heirs against officials, sponsors and volunteers of this event for injury or illness which may result directly or indirectly from my participation. I further state that I am in proper condition to participate in this event. I give permission to authorize emergency treatment if necessary. I will permit the use of my name and/or picture for any broadcast, telecast or other account of this event.

This event will occur rain or shine. However, the Association reserves the right to cancel this event in extremely severe circumstances. The conductor, Officials and Sponsors reserve the right to cancel this event.

Signature	Date
Signature Parent/Guardian if under 18 years)	